



# C.H.A.N.G.E. TRAITS®

## PARTICIPANT WORKSHEET



**CASSANDRA WORTHY**

Founder & CEO  
Change Enthusiasm® Global  
Keynote Speaker  
Author & Consultant

C.H.A.N.G.E. Trait®

One Action / Commitment to Improve

Completion Timing

|                                                          |  |  |
|----------------------------------------------------------|--|--|
| <div>815.999</div> <div>C</div> <div>Communicative</div> |  |  |
| <div>612.011</div> <div>H</div> <div>Hungry</div>        |  |  |
| <div>85210</div> <div>A</div> <div>Authentic</div>       |  |  |
| <div>3374.922</div> <div>N</div> <div>Not Rigid</div>    |  |  |
| <div>79196.97</div> <div>G</div> <div>Grateful</div>     |  |  |
| <div>11.0079</div> <div>E</div> <div>Empathetic</div>    |  |  |

Participation Notes: