

GOAL			
TASKS		DO BY	
#1		done ☐ not done ☐	
#2		done ☐ not done ☐	
#3		done ☐ not done ☐	
#4		done ☐ not done ☐	
#5		done ☐ not done ☐	
MAKE IT HAPPEN TIPS	 		
NOTES	 		
		REWARD	
		NEXT GOAL!	

```

graph TD
    G[GOAL] --> T[TASKS]
    T --> D[done / not done]
    D --> R[REWARD]
    R --> NG[NEXT GOAL!]
  
```